

EMOTIONAL INTELLIGENCE TRAINING & RESEARCH INSTITUTE

23rd Annual Institute for Emotional Intelligence

HOPE, RESILIENCE AND GROWTH

November 5-7, 2026

Practical Tools for Navigating Change, Fostering Connections, and Sustaining Well-Being
Texas A&M University-Corpus Christi

Proposal Deadline

August 31, 2026

Slides Due

October 1, 2026

Conference Dates

November 5–7, 2026

CALL FOR PROGRAMS

We invite you to submit a program proposal for the 2026 Annual Institute for Emotional Intelligence. This year's theme — Hope, Resilience and Growth — spotlights the Personal, Emotional, Relational, and Life (PERL) skills framework, as developed by Dr. Darwin B. Nelson, Dr. Gary R. Low, and Dr. Richard D. Hammett in Transformative Emotional Intelligence (TEI). If your work, practice, or research incorporates evidence-based TEI strategies to build hope and resilience, foster human connection, and sustain well-being, we want to hear from you.

Proposals should be for a session up to 45 minutes in duration, to include time for questions and conversation.

BACKGROUND & THEORETICAL FRAMEWORK

Transformative Emotional Intelligence (TEI) is grounded in four core principles:

1. A research- and evidence-based approach to EI skill development.
2. A person- and team-centered helping perspective.
3. An emphasis on skills that can be learned, taught, and practiced daily for positive career and life outcomes.
4. A focus on relationships, connectedness, and community well-being.

TEI facilitates honest self-exploration, self-knowledge, and self-appreciation; enables effective collaboration; fosters healthy, mutually beneficial relationships; and builds skills for managing stress while pursuing intelligent self-development in a changing world.

THE PERL SKILLS FRAMEWORK

All proposals are encouraged to align with one or more of the 13 PERL Skills from Transformative Emotional Intelligence (Nelson & Low, 1977-Present). Programs may address skill development, evidence-based interventions, organizational applications, or research across any of the four TEI dimensions:

PERSONAL DIMENSION	
Self-Esteem	Programs that develop positive self-regard, self-confidence, and authentic identity.
Stress Management	Programs that teach effective coping strategies for navigating pressure and change.
Positive Change	Programs that support adaptive mindsets and personal transformation strategies.
EMOTIONAL DIMENSION	
Comfort	Programs that build emotional safety, self-regulation, and psychological well-being.
Empathy	Programs that cultivate a compassionate understanding of self and others.
Decision Making	Programs that integrate emotional awareness into sound, values-based decisions.
RELATIONAL DIMENSION	
Assertion	Programs that develop clear, respectful, and confident communication skills.
Positive Influence	Programs that explore or develop leadership using emotional intelligence as a grounding theory.
Anger Management	Programs that teach healthy expression and constructive channeling of emotions.
Anxiety Management	Programs that provide tools for managing worry, fear, and uncertainty effectively.
LIFE DIMENSION	
Drive Strength	Programs that cultivate motivation, purpose, and goal-directed perseverance.
Time Management	Programs that integrate emotional intelligence into productivity and life balance.
Commitment Ethic	Programs that build integrity, follow-through, and values-aligned action.

GUIDING QUESTIONS FOR PROGRAM PROPOSALS

Proposals must address one or more of the following questions. Presenters are also invited to add their own relevant guiding questions.

- How do constructs from positive psychology — including inner knowledge and self-mastery — intersect with the PERL dimensions to benefit humankind?
- How is human development and quality of life enhanced by focusing on Personal, Emotional, Relational, and Life (PERL) domain skills to build **Hope, Resilience, and Growth**?
- How is the increasing dependence on technology, including artificial intelligence, affecting the human experience and mental health from a TEI perspective?
- What are the ethical considerations for integrating TEI skills into organizational and human development initiatives?
- How do education and training programs that include TEI/PERL strategies integrate dual objectives of academic achievement and career development?
- What recent research and publications advance transformative approaches to Emotional Intelligence?

SUBMISSION REQUIREMENTS & DEADLINES

Important Deadlines & Requirements

Program Proposal Deadline: August 31, 2026 — check www.teiconference.org for updates. Proposal selections will be made by early September. As we are a self-sustaining conference, we request that all selected speakers register and pay the appropriate conference registration fee.

Slides/PPT Submission Deadline: October 1, 2026 — All accepted presenters **MUST** submit their final PowerPoint or slide deck by this date. Slides support conference program planning, accessibility, and archival purposes.

Submission Email: Contact@TEIConference.org

2026 EI CONFERENCE — PROGRAM PROPOSAL FORM

Complete all sections. Submit by August 31, 2026, via email to Contact@TEIConference.org

SECTION 1 — LEAD PRESENTER INFORMATION

First & Last Name:

Credentials / Degrees:

Organization:

Title / Position:

Email Address:

Telephone:

Brief Bio (Maximum 150 words):

Headshot Photo: Please attach a professional headshot photo (JPG or PNG, minimum 300 dpi) with your email submission. Your photo will be used in conference materials and the event program.

SECTION 2 — CO-PRESENTER INFORMATION (Repeat for each co-presenter)

First & Last Name:

Credentials / Degrees:

Organization:

Title / Position:

Email Address:

Telephone:

Brief Bio (Maximum 150 words):

SECTION 3 — PROGRAM DETAILS

Program Title:

PERL Dimension Alignment — Check all that apply:

PERSONAL	EMOTIONAL	RELATIONAL	LIFE
<input type="checkbox"/> Self-Esteem	<input type="checkbox"/> Comfort	<input type="checkbox"/> Assertion	<input type="checkbox"/> Drive Strength
<input type="checkbox"/> Stress Management	<input type="checkbox"/> Empathy	<input type="checkbox"/> Positive Influence	<input type="checkbox"/> Time Management
<input type="checkbox"/> Positive Change	<input type="checkbox"/> Decision Making	<input type="checkbox"/> Anger Management	<input type="checkbox"/> Commitment Ethic
		<input type="checkbox"/> Anxiety Management	

Conference Theme Alignment – Check all that apply:

<input type="checkbox"/> HOPE	<input type="checkbox"/> RESILIENCE	<input type="checkbox"/> GROWTH
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Program Description (Maximum 500 words) — Describe: topic, conference theme relevance, methodology (conceptual, research, evidence-based, experiential learning), PERL skill alignment, and expected outcomes.

Learning Objectives — State 3 to 5 specific, measurable objectives aligned with the conference theme and PERL framework:

1.

2.

3.

4.

5.

SECTION 4 — FORMAT, A/V NEEDS & MATERIALS

Preferred Session Length (max of 45 minutes): _____

Preferred Session Format — Check all that apply:

<input type="checkbox"/> Lecture / Presentation	<input type="checkbox"/> Interactive Workshop	<input type="checkbox"/> Panel Discussion	<input type="checkbox"/> Experiential / Skills Practice
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A/V and Room Setup Requirements:

>> MANDATORY: SLIDES/PPT SUBMISSION REQUIREMENT

Deadline: October 1, 2026

All accepted presenters are required to submit their final PowerPoint presentation or slide deck no later than October 1, 2026. Submission is a condition of conference participation and is used to:

- Support conference program planning, scheduling, and logistics
- Ensure accessibility and availability of materials for all attendees
- Contribute to the EITRI archival collection and future TEI research resources
- Allow the conference team to provide any technology support in advance
- Registered and paid conference fees

Please submit slides in PowerPoint (.pptx) format to Contact@TEIConference.org with the subject line: "[Your Last Name] — 2026 TEI Conference Slides."

SECTION 5 — PRESENTER AGREEMENT & CONSENT

By submitting this proposal, I/we confirm the following:

- All information provided is accurate and complete.
- I/we will submit final presentation slides in PowerPoint (.pptx) format by October 1, 2026.
- I/we grant EITRI permission to use submitted materials for archival and educational purposes.
- I/we agree to present in person unless prior arrangements have been confirmed with EITRI.
- I/we give consent to photograph/record and authorization for use or disclosure to EITRI and TEI Foundation, and its Affiliates.
- I/we understand that submission of a proposal does not guarantee acceptance.
- I confirm my conference registration and pay the appropriate fees.

Lead Presenter

Signature:

Date:

Questions? Contact us at Contact@TEIConference.org | www.TEIconference.org

Emotional Intelligence Training & Research Institute